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Newsletter

June 2014

The Newsletter

5rd Transnational Meeting

10 – 11 of June 2014



The fifth edition of Co-Elderly Transnational Meeting took place on 10-11 June 2014 in Wroclaw - Poland, where we were welcomed by representatives of Active Senior Foundation.

First day had been started by the organizational meeting at the Wroclaw Supporting Center for NGOs Sector 3. There, we summarized our achievements and tasks, we discussed different perspectives of each partner and established a plan of new tasks for the future of the Co-Elderly Project. Each of the participants shared their thoughts about the Project with the others. It was very interesting because there were lots of different perspectives. After that Beata Partyka told us more about the venue of the meeting - Sector 3 – which as an incubator of NGOs provides trainings, activates, advises and helps people working in non-governmental organization.

During the breaks we had the opportunity to taste Polish delicious delicacies which had been prepared by the volunteers - senior ladies from the Active Senior Foundation.

Then, we moved to different part of the city to visit the University of Physical Education where the Third Age University is located. There are more than 40 Third Age



Universities in Wroclaw, about 450 in the whole Poland but this one is the only one which is mainly focused on physical education among people 65+.

Afterwards, we visited Anna Daszyńska's place – jeweler's workshop. It was a practical example of creativity exercises for seniors and we also could try our skills in jewelry making.

Then, we walked through the Sepolno and WuWa – exhibition organized in Wroclaw in 1929 which is good example of model social housing. It was because of the project 2016 European Capital of Culture Wroclaw which includes new WuWa 2 and starting cohousing in Wroclaw called in Polish "Kooperatywa".

In the evening we all met at the restaurant with Polish cousin so we could try traditional Polish food.

Next day we all participated in the conference. It was the first International Conference of Cohousing organised in Poland. After registration of participants – Coelderly Project partners and about 70 other Polish guests – we had the pleasure to listen to the presentations of the partners: Lorenzo Scirocco told us about the Coelderly project and ASIS Association, Dick Urban presented Swedish and international cohousing models. Also Melanie Nock shared with us her experience with cohousing in UK, Marek Ferenc and PhD. Dawid Cieřlik talked about opportunities for cohousing development in Poland. Also Polish experts spoke about cohousing in Poland: Karolina Woźniak had the presentation about Wroclaw Project Kooperatywa,



Walentyna Wnuk (President's Advisor on Seniors) in her speech touched on senior cohousing and Aldona Wiktorska-Święcka from Polish Governance institute showed us examples of good practices in affordable housing in European policies.

The conference was also transmitted in the Internet so those who could not come personally had the opportunity to listen to the whole presentations on-line.

We know that this was an important move forward in promoting cohousing in Poland and another experience for partners from the other countries in the CoElderly Project.

